

# The History of the Buddho System of Healing EnerSense – Reiki Jin Kei Do

Dr. Mikao Usui

Buddho Meditation (Monks)



Dr. Chujiro Hayashi

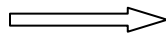


Hawayo Takata

Rev. Sensei Takeuchi



Rev. Seiji Takamori



Lamas (India – Nepal – Tibet)

- Buddho Meditation
- Chi Nadi Exercises
- Yantras/Mantras
- Ancient Symbols
- Visualizations
- Marmas (Healing Points)
- Breathing Techniques



Dr. Ranga J. Premaratna



Patricia Warren



Nancy Silva



Christine Radice